SHANTI TIMES – 16TH JULY TO 22ND JULY 2018

OPEN-AIR CINEMA

	WONDAY 10 JULY			FRIDAY 201 th JULY		
08:15	Whale watching (special recommendation)	Fish Shack	HIGH	HLIGHTS	08:15	Whale watching (special recommendation)
08:15	Hatha yoga	Shanti Spa	MONDAY	KIDS MOVIE	08:15	Hatha yoga
10:30	Fish feeding ritual	Front Office	20:00 – 21:30	SAHARA	11:30	Archery (special recommendation)
11:30	Archery (special recommendation)	Shanti Spa			13:30 15:00	Vinyasa yoga MUR 950 pp Kite flying (special recommendation)
12:30	"Fish market" (special recommendation)	Beach	TUESDAY	THOR:	17:00	Sunset yoga Mur 950 pp
13:30	Aerial yoga MUR 1,150 pp	Pre booking	21:00 – 23:00	RAGNAROK	17:00	Floor mat pilates
15:00	Singing bowl meditation MUR 950 pp	Pre booking			17:00	"Sunset Sommelier" Happy Hour (special recommendation)
15:00	Kite flying (special recommendation)	Pre booking	WEDNESDAY	KIDS MOVIE		SATURDAY 21 ST JULY
15:30	Aquacasia cooking class MUR 2,500 pp	Pre booking	20:00 – 21:30	DR SEUSS THE LORAX	08:15	Whale watching (special recommendation)
17:00	"Sunset Sommelier" Happy Hour (special recommendation)	Beach			08:15 11:30	Hatha yoga
	TUESDAY 17 TH JULY		THURSDAY	AVENGERS:	12:30	Aqua gym "Fish market" (special recommendation)
08:15	Whale watching (special recommendation)	Fish Shack	21:00 – 23:40	INFINITY WAR	15:00	Beginner's yoga
08:15	Hatha yoga	Shanti Spa			16:00	Bocce ball competition
10:30	Fish feeding ritual	Front Office			16:30	Aquacasia cooking class MUR 2,500 pp
11:30	Aqua gym	Shanti Spa	FRIDAY 20:00 – 21:30	KIDS MOVIE MADAGASCAR 3	17:05	"Oceankiss" Pool Lounge (special recommendation)
11:30	Sun salutation	Shanti Spa	20.00 – 21.30	WADAGASCAN S		SUNDAY 22 ND JULY
15:30	Abdominal workout	Gym			08:15	Whale watching (special recommendation)
16:30	Rum initiation	Red Ginger	SATURDAY	ANT-MAN AND THE	08:15	Hatha yoga
17:00	Pranayama	Shanti Spa	21:00 – 23:00	WASP	11:30	Archery (special recommendation)
17:00	"Sunset Sommelier" Happy Hour (special recommendation)	Beach			11:30	Kundalini yoga
	WEDNESDAY 18 [™] JULY		MOVIE (OF THE WEEK:	15:00	Guided meditation
08:15	Whale watching (special recommendation)	Fish Shack	ANT MAN	AND THE WASP	15:30	Traditional fishing
08:15	Hatha yoga	Shanti Spa			16:30	Aquacasia cooking class MUR 2,500 pp
11:30	Archery (special recommendation)	Pre booking			17:00	"Sunset Sommelier" Happy Hour (special recommendation)
11:30		Pre booking				SPORTS CORNER
15:00	Vinyasa yoga MUR 950 pp Aquacasia cooking class MUR 2,500 pp	Pre booking Pre booking			Daily	Tour de France From 15:05
15:30	Floor mat pilates	Shanti Spa			Sunday	Formula 1: German Grand Prix From 17:05
15.50	rioor mat phates	Shanti Spa				

Shanti Spa

Main Pool

Fish Shack

Shanti Spa Shanti Spa

Pre booking

Pre booking

Red Ginger

Beach

Beach

Beach

MONDAY 16TH JULY

Chakra Cleansing and Meditation | MUR 950 pp

Whale watching (special recommendation)

"Fish market" (special recommendation)

"Oceankiss" Pool Lounge (special recommendation)

"Sunset Sommelier" Happy Hour (special recommendation)

17:00

17:05

08:15 08:15

11:30

11:30

12:30

15:00

15:30

16:30

17:00

Hatha yoga

Aqua gym

Detox yoga | MUR 950 pp

Aerial yoga | MUR 1,150 pp

Traditional fishing

Rum initiation



Daily	Tour de France From 15:05		SS10
Sunday	Formula 1: German Grand Prix Fron	n 17:05	SS2

SPECIAL RECOMMENDATIONS



EARLY BIRD OFFER - 10% AT SHANTISPA

Enjoy 10% discount for any 60-minutes massage booked from 10:00 to 15:00hrs



Fish Shack Shanti Spa Pre booking Pre booking Shanti Spa Pre booking Shanti Spa

Beach

Fish Shack Shanti Spa Shanti Spa Beach Shanti Spa Beach Pre booking

Main Pool

Fish Shack Shanti Spa Pre booking Pre booking Shanti Spa Beach Pre booking

Beach

FISH MARKET: LE DEBARCADERE

Our fisherman brings in premium fresh caught fish each week (on selected days only) for our esteemed guests. Visit our Debarcadere stall to choose your fish and our chefs shall cook it to your liking on the spot or for dinner.

CULINARY EXPERIENCES

MONDAY 16TH ILILY

17:00 - 18:30	BEACH	SUNSET SOMMELIER WITH WINE INITIATION
		50% OFF ON ALL COCKTAILS
18:30 - 22:00	STARS	CHEF'S 4-COURSE SET MENU A LA CARTE
18:30 - 22:00	STARS ON THE BEACH	BEACH DINNER
18:30 - 22:00	RUM SHED	PIG ON THE SPIT
18:30 - 22:00	LA KAZE MAMA	FARM-TO-TABLE EVENING
20:00 - 21:30	OPEN-AIR CINEMA	KIDS MOVIE: "SAHARA"

TUFSDAY 17TH ILILY

16:30 - 17:00	RED GINGER	RUM INITIATION
17:00 - 18:30	BEACH	SUNSET SOMMELIER WITH WINE INITIATIO
		50% OFF ON ALL COCKTAILS
18:30 - 22:00	STARS	INDIAN FESTIVAL BUFFET A LA CARTE
18:30 - 22:00	STARS ON THE BEACH	BEACH DINNER
18:30 - 22:00	RUM SHED	A LA CARTE
21:00 - 23:00	OPEN-AIR CINEMA	MOVIE NIGHT: "THOR RAGNAROK"

WEDNESDAY 18	"" JULY	
17:05 - 22:10	MAIN POOL	OCEANKISS POOL LOUNGE 50% OFF ON ALI
	RED GINGER	COCKTAILS SNACKS A LA CARTE WITH DJ
18:30 - 22:00	STARS	CHEF'S 4-COURSE SET MENU A LA CARTE
18:30 - 22:00	STARS ON THE BEACH	FISHERMAN'S COVE
18:30 - 22:00	RUM SHED	STEAK NIGHT
18:30 - 22:00	LA KAZE MAMA	MAURITIAN FESTIVAL NIGHT
20:00 - 21:30	OPEN-AIR CINEMA	KIDS MOVIE: "DR SEUSS THE LORAX"

RUM INITIATION

THURSDAY 19TH JULY

RED GINGER

16:30 - 17:00

10.30 - 17.00	KLD GINGLK	KOM INCIATION
17:00 - 18:30	BEACH	SUNSET SOMMELIER WITH WINE INITIATION
		50% OFF ON ALL COCKTAILS
18:30 - 22:00	STARS	CHEF'S 4-COURSE SET MENU A LA CARTE
18:30 - 22:00	STARS ON THE BEACH	BEACH DINNER
18:30 - 22:00	RUM SHED	A LA CARTE
21:00 - 23:40	OPEN-AIR CINEMA	MOVIE NIGHT: "AVENGERS: INFINITY WAR"
FRIDAY 20TH JUL	Y	
17:00 – 18:30	BEACH	SUNSET SOMMELIER WITH WINE INITIATION 50% OFF ON ALL COCKTAILS I LIVE MUSIC
18:30 - 22:00	STARS	CHEF'S 4-COURSE SET MENU A LA CARTE
Haraga Campaga Cara		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
18:30 – 22:00	STARS ON THE BEACH	FISHERMAN'S COVE
18:30 - 22:00	RUM SHED	A LA CARTE
18:30 - 22:00	LAKAZ MAMA	SEVEN CURRIES NIGHT BUFFET I LIVE MUSIC
20:00 - 21:30	OPEN-AIR CINEMA	KIDS MOVIE: "MADAGASCAR 3"

SATURDAY 21ST JULY

17:05 - 22:10	MAIN POOL	OCEANKISS POOL LOUNGE 50% OFF ON ALL
	RED GINGER	COCKTAILS SNACKS A LA CARTE WITH DJ
18:30 - 22:00	STARS	SEAFOOD FESTIVAL BUFFET A LA CARTE
18:30 - 22:00	STARS ON THE BEACH	BEACH DINNER
18:30 - 22:30	RUM SHED	STEAK NIGHT
21:00 - 23:00	OPEN-AIR CINEMA	MOVIE NIGHT: "ANT-MAN AND THE WASP"

SUNDAY 22ND JULY

17:00 - 18:30	BEACH	SUNSET SOMMELIER WITH WINE INITIATION
		50% OFF ON ALL COCKTAILS
18:30 - 22:00	STARS	CHEF'S 4-COURSE SET MENU A LA CARTE
18:30 - 22:00	STARS ON THE BEACH	BEACH DINNER
18:30 - 22:00	RUM SHED	A LA CARTE

RREAKEAST AT ITS REST I MONDAY - SLINDAY

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04:00 - 07:00	EARLY BIRD SNACK BREAKFAST (L	
07:00 – 10:30	BREAKFAST AT STARS RESTAURAN	JT :
07:00 – 18:00	LONGSLEEPER-ALL DAY BREAKFAS	
08:30 - 11:00	CHAMPAGNE BREAKFAST STARS	ON THE BEACH

LUNCH A LA CARTE VARIETY I MONDAY - SUNDAY

12:30 - 14:30	STARS RESTAURANT
12:00 – 22:00	RED GINGER BAR & POOL LOUNGE - SNACI
12:00 - 17:30	BEACH & POOL MENU
12:30 - 16:00	BBQ LUNCH STARS ON THE BEACH
12:30 - 13:30	FISH MARKET (ON SELECTIVE DAYS)
24-HOUR	IN-ROOM DINING MENU

HIGH TEA CELEBRATION | MONDAY - SUNDAY

15:00 – 17:00	HIGH TEA AT RED GINGER BAR & POOL LOUNGE
	(1-HOUR PRE BOOKING)

SPECIAL RECOMMENDATIONS

SUNSET SOMMELIER

"OCEANKISS" POOL LOUNGE

with the sound of our DJ whilst lounging by a chic poolside setting. A vibrant atmosphere to unwind with the warmth of candles and a



"OPEN-AIR" CINEMA

FOGGING

A regular mosquito fogging exercise is carried out every **Tuesday** and **Saturday** as from **16:30** on the Estate to control the mosquito population for your health and comfort. It is an environmental impact free exercise; harmless to the flora and fauna.



OPEN-AIR CINEMA



STARS RESTAURANT - "AQUACASIA"



RUM SHED BAR & GRILL



LA KAZE MAMA- AUTHENTIC CUISINE



IN-ROOM DINING - 24 HRS



STARS ON THE BEACH