

SHANTI MAURICE

RESORT & SPA

SHANTI TIMES

MONDAY 13TH TO SUNDAY 19TH APRIL 2026

HIGHLIGHTS OF THE WEEK



SUNDOWNER COCKTAIL

MON 13TH & FRI 17TH APR
17:00 – 18:30



Sunset Cocktail With Resort Team

WED 15TH APR
17:30

LIVE SEGA SHOW
18:00



Live Café Créole

WED 15TH APR | LAKAZ MAMA
&
FRI 17TH APR | RUM SHED

AS FROM 19:00

CULINARY EXPERIENCES



STARS RESTAURANT

DAILY
BREAKFAST "BUFFET" | 07:00 – 10:30
LUNCH "À LA CARTE" | 12:30 – 14:30
DINNER "À LA CARTE" | 18:30 – 22:00

MON 13TH TO SUN 19TH APR



LA KAZE MAMA

DINNER 18:30 - 22:00
BUFFET

(MAURITIAN NIGHT ON
WED 15TH APR)



RUM SHED BAR & GRILL

DINNER 18:30 – 22:00
À LA CARTE

MON 13TH TO SUN 19TH APR

(WED 15TH APR CLOSED)



FEET IN THE SAND

DINNER 18:30 – 22:00
BEACH BBQ GRILL

MON 13TH TO SUN 19TH APR

(WED 15TH APR CLOSED)

STARS' CULINARY SELECTION

ASIAN LOUNGE & FINE SUSHI

À LA CARTE
LUNCH & DINNER

OPENED ON
TUES 14TH & WED
15TH APR

ARABIC CUISINE

À LA CARTE
DINNER

CLOSED ON TUE
14TH APR

INDIAN DELIGHTS

À LA CARTE
LUNCH & DINNER

CLOSED ON
THUR 16TH APR

JUST THAI

À LA CARTE
LUNCH & DINNER

CLOSED ON FRI
17TH APR

LIVE PERFORMANCE

LIVE GUITARIST

Mon 13th Apr | Stars Restaurant | 19:00
Fri 17th Apr | Rum Shed Restaurant | 19:00

LIVE BAND

Tues 14th Apr | Stars Restaurant | 19:00

LIVE SAXOPHONIST

Wed 15th Apr | Stars Restaurant | 19:00

LIVE INSTRUMENTAL PERFORMANCE

Sat 18th Apr | Stars Restaurant | 19:00

DUO BAND

Thur 16th Apr | Red Ginger Bar | 20:30
Sun 19th Apr | Red Ginger Bar | 20:30

HOW TO BOOK A TABLE?

Please contact Reception on extension 0. Upon reservations.

Meal Plan Inclusion

Guests on HB, FB, AI may enjoy a three-course dining experience in any of our three signature restaurants, each offering distinct atmosphere and flavours. Selected premium items may incur a supplement, as indicated on the menu.

DRESS CODE POLICY

BREAKFAST / LUNCH:

Shorts, t-shirts or polo shirts with footwear are permitted (swimwear should be covered at all times).

DINNER:

Gentlemen: long trousers, collared shirts (button down) or polo shirt and footwear are allowed. Ladies to respect the evening attire (smart casual) (no see-through attire or swimwear are allowed).

Chic shorts allowed at Rum Shed.

AVAILABLE EVERYDAY

BREAKFAST AT ITS BEST

04:00 – 07:00 | EARLY BIRD SNACK BREAKFAST (RED GINGER BAR)

07:00 – 18:00 | LONGSLEEPER ALL DAY BREAKFAST

A VARIETY OF LUNCH & DINNER - A LA CARTE

13:00 – 15:00 | FISH MARKET

10:00 – 18:00 | BEACH & POOL SERVICE

24 HOURS | IN-ROOM DINING (TRAY CHARGE APPLIES)

AFTERNOON TEA

15:30 – 17:00 | HIGH TEA AT RED GINGER BAR & POOL LOUNGE (PRE BOOKING)

SUNSET SPECIALS

16:30 – 17:00 | RUM INITIATION AT RED GINGER BAR (CHARGEABLE)

10:00 – 18:30 | BEACH DRINKS SELECTION ALL-DAY LONG AT SANDS BEACH BAR



















































SHANTI MAURICE

RESORT & SPA

SHANTI TIMES

MONDAY 13TH TO SUNDAY 19TH APRIL 2026

WELLNESS & ACTIVITIES CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:15	SUN SALUTATION 	YOGA FOR SPINE HEALTH 	VINYASA YOGA 	HATHA YOGA 	MORNING STRETCHING 	SUN SALUTATION 	MORNING STRETCHING 
08:30	POWER WALK 	POWER WALK 	POWER WALK 	POWER WALK 	-	-	-
09:30	PERSONAL TRAINING 	GUIDED MEDITATION 	GUIDED MEDITATION 	PERSONAL TRAINING 	PERSONAL TRAINING 	GUIDED MEDITATION 	PERSONAL TRAINING 
11:00	PRANAYAMA  ARCHERY 	PRANAYAMA  BODY BALANCE 	AQUA GYM  BREATH FOR LIFE 	ARCHERY  PRANAYAMA 	AQUA GYM 	PRANAYAMA 	ARCHERY 
14:00	CIRCUIT TRAINING  PERSONALISED YOGA 	YOGA FOR HEALING  MAT PILATES 	CIRCUIT TRAINING  YOGA FOR HEALING 	MAT PILATES  GUIDED MEDITATION 	MAT PILATES 	PERSONALISED YOGA 	MAT PILATES 
15:00	MOBILITY AND FLEXIBILITY  YOGA NIDRA 	ABS AND CORE  SINGING BOWL MEDITATION 	BODY BALANCE 	MOBILITY AND FLEXIBILITY  YOGA NIDRA 	BODY BALANCE 	YOGA NIDRA 	BODY BALANCE 



MEETING POINT AT SHANTI SPA



MEETING POINT AT SHANTI SPA



CHARGEABLE ACTIVITIES

Reservations are recommended to ensure your preferred schedule and experience.

ESTATE CARE

FOR YOUR COMFORT PLEASE NOTE THE SEQUENCE OF INTERVENTIONS

DAILY POOL CLEANING:

08:00 - 10:00 **Spa | Main Pool | Kids Club**
 10:00 - 12:30 Villa 201 - 207
 13:00 - 16:00 Villa 208 - 218

For villa pool cleaning, please contact the Reception for your preferred times.

WEEKLY MOWING & GARDEN CARE:

08:00 - 10:00 Surrounding Estate Garden
 10:00 - 11:30 Villa 207 - 218
 12:30 - 16:00
 10:00 - 11:30 Villa 201 - 205
 12:30 - 16:00

For Villa garden care, please contact the Reception for your preferred times.

10:00 - 11:30 Suites 101 - 124
 12:30 - 16:00 Suites 128 - 142
 08:00 - 11:30 Daily Beach Maintenance

FOGGING EXERCISE:

16:00 - 17:00 Daily
 Changes due to weather possible with short term notice

OPEN AIR CINEMA

MON	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	TROLLS ANACONDA
TUE	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	LUCAS THE SPIDER UNCUT GEMS
WED	18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	THE CHOSEN ADVENTURES
THU	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	BEE MOVIE THE IRISHMAN
FRI	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	GARFIELD SHOW THE GREATEST SHOWMAN
SAT	18:45 - 20:30 (KIDS MOVIE) 20:30 - 22:00 (MAIN SCREENING)	CLOUDY WITH A CHANCE OF MEATBALLS 2 HOOK
SUN	18:45 - 20:30 (KIDS MOVIE) 18:45 - 20:30 (KIDS MOVIE IN KIDS CLUB)	ADDAMS FAMILY GO KARTS

SHANTI BOUTIQUE

20% OFF

On Cashmere

MOBILE APP

Download the Shanti App for further information and to place your orders.

