

WEEKLY PROGRAM 08th JULY – 14th JULY

EN



CAPOEIRA LOUNGE

-2 Lido Galomar 13:00 - 23:00

UEFA 2024 & Live music*, a delicious cocktail and enjoying the magnificent view, what else!?

*Check the days in the program

MONDAY



07:00-22:00 Mo - Fr	SENTIDO GALOSOL -3
Join our Fitness classes – Book at Galo Active	
07:30-08:30	INFOS RECEPTION
Sunrise Yoga – Book at Reception	€
12:00 -16:00	ATLANTIS RESTAURANT
Enjoy Lunch with a fantastic sea view	
13:00 -23:00	CAPOEIRA LOUNGE
Perfect place to relax and savour a cocktail!	
18:00 -21:00	INFOS RECEPTION
Enjoy our fish specialities – Atlantis Restaurant	
20:30-22:30	CAPOEIRA LOUNGE
Live Music: Live Brisk	

TUESDAY



07:30-08:30	INFOS RECEPTION
Sunrise Yoga – Book at Reception	€
09:00- 19:00	LIDO GALOMAR -3
Enjoy our bathing bay	
10:00 – 11:00	GALOSOL RECEPTION
Hotel Tour with our Guest Relations	
12:00 -16:00	Atlantis Restaurant
Enjoy Lunch with a great sea view	
18:00 -21:00	INFOS RECEPTION
Regional Barbecue with live Music	
20.00	CAPOEIRA LOUNGE
UEFA Semi Final: Spain VS France	

WEDNESDAY



07:30-08:30	INFOS RECEPTION
Sunrise Yoga – Book at Reception	€
11:30 – 12:30	BLUE BAR
Management & Guest Cocktail	
13:00 -23:00	CAPOEIRA LOUNGE
Try our delicious cocktails & Snacks	
18:00 -21:00	INFOS RECEPTION
Enjoy our fish specialities – Atlantis Restaurant	
18:45-21:15	ONDAMAR TERRACE _ GALOSOL
Live Music: Turn Around	
20.00	CAPOEIRA LOUNGE
UEFA Semi Final: ? VS ?	

THURSDAY



07:30-08:30	INFOS RECEPTION
Sunrise Yoga – Book at Reception	€
09:00- 19:00	LIDO GALOMAR -3
Enjoy our bathing bay	
10:00 – 11:00	GALOSOL RECEPTION
Hotel Tour with our Guest Relations	
12:00 -16:00	Atlantis Restaurant
Enjoy Lunch with a great sea view	
15:00- 15:30	INFOS RECEPTION
Wine Experience – Book at Reception	
20:30-22:30	CAPOEIRA LOUNGE
Live Music: Big Double Blues	

FRIDAY



07:30-08:30	INFOS RECEPTION
Sunrise Yoga – Book at Reception	€
13:00 – 15:00	MANTA DIVING LIDO -3
Try Diving – Book at Manta Diving	€
13:00 -23:00	CAPOEIRA LOUNGE
Perfect place to relax and savour a cocktail!	
18:00 -21:00	INFOS RECEPTION
Enjoy our fish specialities – Atlantis Restaurant	
20:30-22:30	CAPOEIRA LOUNGE
Live Music: Duo Inlay	

SATURDAY



08:00-20:00	GALO ACTIVE
Fitness, Sauna, Indoor Pool	
09:00- 19:00	LIDO GALOMAR -3
Enjoy our bathing bay	
12:00 -16:00	Atlantis Restaurant
Enjoy Lunch with a great sea view	
15:30	INFOS RECEPTION
Poncha Cocktail Workshop – Book at Reception	
18:00 -21:00	INFOS RECEPTION
Atlantic Barbecue with live Music	

SUNDAY



08:00-20:00	GALO ACTIVE
Fitness, Sauna, Indoor Pool	
10:00-19:00	GALOMAR FLOOR 0
Enjoy the panoramic saunas – Ashoka Spa	
13:00 -23:00	CAPOEIRA LOUNGE
Try our delicious cocktails & snacks	
18:00 -21:00	INFOS RECEPTION
Enjoy our fish specialities – Atlantis Restaurant	
20.00	CAPOEIRA LOUNGE
UEFA Final: ? VS ?	

SENTIDO AMBASSADOR - DIAL 5546
SENTIDO GALOSOL RECEPTION

RESTAURANTS & BARS – BOOK! DIAL 9
RESTAURANT ATLANTIS
RESTAURANT ONDAMAR
CAPOEIRA LOUNGE
BLUE BAR

GYM– DIAL 5523
GALO ACTIVE

ASHOKA SPA – DIAL 5532

ACTIVITIES & PARTNERS
MANTA DIVING CENTER (+351) 291 935 588 or 5209
AYURVEDA KUR CENTER (+351) 291 930 942 or 5558

Ayurveda Beach Activities Activities in Nature
Live Music/Show Kids Food & Drinks
Sports/ Gym Mind, Body & Soul Guest Relations

€ Extra Charge, please contact the reception. Booking one day in advance is required
€ Commitment Value 1,00€ < 5,00€ - please contact the reception staff



SENTIDO AMBASSADOR
Nicole Fettel

WhatsApp
+351 918 827 521
09:00-18:00

* Included drinks: Please ask our Bartender.

Note: All the activities are exclusive for our Galo Resort Hotels Guests