

MONDAY 27TH NOVEMBER

08:15	Hatha Yoga	Shanti Spa
10:00	Bocce Ball	Boathouse
10:30	Fish & Peacock Feeding ritual	Front Office
14:30	Fish Market	Beach
15:30	Singing bowl meditation (Rs. 750 pp*)	Boathouse
15:30	Aquacasia Cooking Class (Rs. 2,500 pp*)	Prebooking
16:00	Pedal Boat Tour	Boathouse

TUESDAY 28TH NOVEMBER

08:15	Hatha Yoga	Shanti Spa
10:30	Fish & Peacock Feeding Ritual	Front Office
11:45	Aqua Gym	Shanti Spa
15:30	Pilates Initiation	Gym
16:00	Zayak Initiation	Boathouse
16:30	Rum Experience - Create your own Rum	Red Ginger
18:00	Sunset Beach Yoga (Rs. 750 pp*)	Shanti Spa

WEDNESDAY 29TH NOVEMBER

08:15	Hatha Yoga	Shanti Spa
10:00	Stand up paddle	Boathouse
10:30	Fish & Peacock Feeding Ritual	Front Office
11:45	Aqua Cardio Workout	Shanti Spa
15:00	Bocce Ball	Boathouse
15:30	Chakra Meditation (Rs. 750 pp*)	Shanti Spa
15:30	Abdominal Workout	Gym
19:30	Live Painting “ Shanti – Art”	stars

THURSDAY 30TH NOVEMBER

08:15	Hatha Yoga	Shanti Spa
10:30	Fish & Peacock Feeding Ritual	Front Office
11:00	Kitesurf Introduction	Boathouse
11:45	Aqua Dynamic Cardio	Shanti Spa
13:00	"Shanti Art" Painting Course (Rs. 700 pp*)	Preebooking
14:30	Fish Market	Beach
17:30	Sunset Cocktail with Resort Team	Red Ginger
18:00	Sunset Beach Yoga (Rs. 750 pp*)	Shanti Spa

Special recommendations:

Unlimited Green Fee included free Shuttle at Avalon Golf Club. Please contact Front Office for shuttle times and reservations 24 hours prior requested tee times

Rum Experience – Learn how to make your own flavored local Rum. Join us at the Red Ginger Bar & Pool Lounge every Tuesdays and Saturdays at 16h30. Pre-booking required at Front Office.

Chauffeur-driven hotel limousine – Enjoy your tailor-made excursion in our Limousine AUDI Q7 with Wifi. Please contact our Front Office for more information.



EARLY BIRD OFFER AT SHANTI SPA

From 09:00 to 15:00hrs
Enjoy 15% discount for any
60 minutes massage booked

FRIDAY 1ST DECEMBER

08:15	Hatha Yoga	Shanti Spa
10:00	Bocce Ball	Boathouse
10:30	Fish & Peacock Feeding Ritual	Front Office
10:30	"Shanti Art" Photography Session & Introduction	Preebooking
11:00	Pedal Boat	Boathouse
11:45	Aqua Dynamic Cardio	Shanti Spa
15:00	Vinyasa Yoga (Rs. 750 pp*)	Shanti Spa
17:00	Outdoor Circuit Workout	Gym

SATURDAY 2ND DECEMBER

08:15	Hatha Yoga	Shanti Spa
10:30	Fish & Peacock Feeding Ritual	Front Office
11:30	"Shanti- Art "Ballroom dancing lessons class (Rs. 1,000 pp*)	Preebooking
12:00	Kayak Tour	Boathouse
11:45	Aqua Dynamic Cardio	Shanti Spa
15:00	Bocce Ball	Boathouse
15:30	Power Yoga	Shanti Spa
16:00	Rum Experience- Create your Rum	Red Ginger

SUNDAY 3RD DECEMBER

08:15	Hatha Yoga	Shanti Spa
10:30	Fish & Peacock Feeding Ritual	Front Office
12:00	Zayak Initiation	Boathouse
15:30	So Hum Meditation (Rs. 750 pp*)	Shanti Spa
15:30	Aquacasia Cooking Class (Rs. 2,500 pp*)	Preebooking
16:00	Bocce Ball	Boathouse

SPORT FANS CORNER

Monday	LaLiga Santander Matchday 13: Espanyol v Getafe @ 21h55	SS7/BAR
Tuesday	Premier League Matchday 14: Watford v Man Utd @ 21h00	SS5/BAR
Wednesday	Premier League Matchday 14: Arsenal v Huddersfield @21h00	SS6/BAR
	Premier League Matchday 14: Chelsea v Swansea City@21h00	SS6/BAR
Friday	Sunshine Tour - : AfriAsia Bank Mauritius Open Day @08h30	SS6/BAR
Saturday	Sunshine Tour : AfriAsia Bank Mauritius Open Day@10h30	SS6/BAR
Sunday	Asia-Pacific Wildcard Play Tennis off Match 5 @ 06h30	SS6/BAR

In-Room-Cinema with video on demand: The complimentary in-room-entertainment system provides up to 100 latest blockbusters in up to 6 languages, please see following highlights of the new releases: **Spider Man** Science fiction| **Pirates De Caribbean** – Fantasy & comedy – **Coming Home** - Drama

CULINARY EXPERIENCE AT SHANTI MAURICE RESORT & SPA

THE CULINARY ART IS SACRED

MONDAY 27TH NOVEMBER

18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:00 LAKAZ MAMA INDIAN OCEAN NIGHT

19:30- 21:30 RED GINGER PIANO LIVE MUSIC

TUESDAY 28TH NOVEMBER

18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:00 LAKAZ MAMA TASTE OF MEDITERRANEAN
LIVE MUSIC

10:00- 00:00 RED GINGER

WEDNESDAY 29TH NOVEMBER

18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:00 LAKAZ MAMA A TASTE OF INDIAN & SRI LANKA
18:30 – 22:00 FISH SHACK BEACH BBQ DINNER
(*Supplement applies)

10:00 – 00:00 RED GINGER

THURSDAY 30TH NOVEMBER

17:30 – 18:30 RED GINGER SUNSET COCKTAIL WITH
RESORT TEAM- PIANO LIVE MUSIC
18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:00 RUM SHED PIG ON THE SPIT | A LA CARTE

10:00 – 00:00 RED GINGER

FRIDAY 1ST DECEMBER

18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:00 LAKAZ MAMA MAURITIAN NIGHT/SEGA SHOW
18:30 – 22:30 RUM SHED A LA CARTE

10:00 – 00:00 RED GINGER

SATURDAY 2ND DECEMBER

18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:30 RUM SHED A LA CARTE
18:30 – 22:00 FISH SHACK BEACH BBQ DINNER | FIRE SHOW
(*Supplement applies)

10:00– 00:00 RED GINGER

SUNDAY 3RD DECEMBER

18:30 – 22:00 STARS A LA CARTE | AQUACASIA
18:30 – 22:30 RUM SHED LAMB A LA BROCHE | A LA CARTE
LIVE MUSIC
19:30 – 21:00 RED GINGER PIANO LOVE MUSIC

BREAKFAST AT ITS BEST | MONDAY – SUNDAY

04:00 – 07:00 EARLY BIRD SNACK BREAKFAST (LIBRARY)
07:00 – 10:30 BREAKFAST AT STARS RESTAURANT
07:00 – 18:00 LONGSLEEPER-ALL DAY BREAKFAST (ROOM SERVICE)

HIGH TEA CELEBRATION | MONDAY – SUNDAY

15:00 – 17:00 HIGH TEA AT RED GINGER BAR & POOL LOUNGE
(1 hour pre-booking)

LUNCH A LA CARTE VARIETY | MONDAY – SUNDAY

12:00 – 14:30 STARS RESTAURANT
12:00 – 18:30 RED GINGER BAR & LOUNGE - SNACKS
12:00 – 17:30 BEACH & POOL MENU
24HOURS IN-ROOM-DINNING MENU

SPECIAL RECOMMENDATIONS

DIVINE BEACH DINNER

Enjoy a romantic BBQ dinner on the beach or on the jetty with your loved one with the discrete attention of your butler team who will set the scene to perfection from organizing the music to the romantic candle lit venue. An evening to remember
(Supplement applies. Please book 24hrs in advance)

RUM EXPERIENCE

Learn how to make your own flavored local Rum. Join us at the Red Ginger Bar & Pool Lounge every Tuesdays and Saturdays at 16h30. (Pre booking required)

THE FISH SHACK EXPERIENCE

Enjoy the spectacular beachfront scenery with live fire (Show approx. at 20:00hrs), paired with a gourmet style seafood & grill buffet with live BBQ stations serving a fresh choice of the catch of the day, lobster & a variety of local seafood and grill specialties.



STARS RESTAURANT – “AQUACASIA”



RUM SHED BAR & GRILL



LA KAZ MAMA– AUTHENTIC CUISINE



IN ROOM DINING – 24 HRS



PRIVATE BEACH DINNER



THE FISH SHACK EXPERIENCE



A MEMBER OF
DESIGN HOTELS™